

Where to
get advice, information and
support with disabilities

SEVEN LOCKS HOUSING

— Strong **Foundations,**
Stronger **Communities**.....

SEVEN LOCKS

HOUSING

We define **Equality** as ensuring that all people are treated fairly and have access to services & information. We recognise that **Diversity** is about appreciating the range and breadth of people in a community or a locality and how differences can add value to society.

If you can not find the information you need here please contact Tracey Silk Tenant Participation Officer on 01858 414519 or Jenny Young Tenancy Support Officer on 01858 414520.

Where can I find advice, support and information about Older People's services?



Leicestershire County Council

Adult Social Care Services
34, Northampton Road
MARKET HARBOROUGH, LE16 9HE
Tel: 0116 265 7404
adultsocialcare@leics.gov.uk

Including advice about adaptations,
Home Care, Day Care and Meals Services.



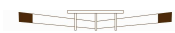
Age Concern Leicestershire & Rutland

Tel: 0116 299 2233
www.ageconcernleics.com



Help the Aged

Tel: 020 7278 1114



Action on Elder Abuse

0808 808 8141

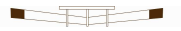
Seven Locks Housing, 1A Anson House, 8 Compass Point, Northampton Road,
Market Harborough LE16 9HW

Tel: 01858 414500, **Fax:** 01858 419156, **Email:** info@sevenlockshousing.co.uk



South Leicestershire CVS

Harborough 01858 8433232
Lutterworth 01455 5557005
www.vasl.org.uk



British Red Cross

Disabled Living Centre
Aquis House, 211 Belgrave Gate
Leicester, LE1 3HT
Tel: 0845 3730217, Fax: 0845 3730218



Anchor Staying Put

5 St Mary's House, 1-5 St Mary's Road
Market Harborough, Leicester LE16 7DS
Telephone: 01858 469076
Fax: 01858 463788
Email: stayingput.hrm@anchor.org.uk

Providing guidance and assistance to carry out whatever repairs, improvements or adaptations are necessary to help you to continue living in your own home.

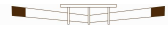


Care Direct

0800 444000

Providing advice and information about money, benefits and care services for older people.

Where can I find advice, support and Information about Young People and Children's services?



Leicestershire County Council

Children and Young People's Service
34, Northampton Road
MARKET HARBOROUGH, LE16 9HE

Tel: 0116 3056631
childrensservices@leics.gov.uk



Bridges

0116 3078727
bridgesdirectory@leics.gov.uk

Support for vulnerable children and Young people living in Leicester, Leicestershire and Rutland.



Mosaic Shaping Disability Services

2 Richard III Road, Leicester, LE3 5QT
0116 251 5565
Fax: 0116 251 9969
Helpline: 0116 262 6900



Red Cross Family Support Centre

Bradbury House, 54 Kenilworth Drive
Oadby Leics , LE2 5LG
0116 271 0359

Providing information, advice, advocacy and family support to parents/carers of children with special needs.

Seven Locks Housing, 1A Anson House, 8 Compass Point, Northampton Road,
Market Harborough LE16 9HW

Tel: 01858 414500, **Fax:** 01858 419156, **Email:** info@sevenlockshousing.co.uk



Care on Line

Help on a Wide Range of Topics
Including Learning Disability
www.leicscareonline.org.uk



Connexions Leicestershire

2 St Marys Road
Market Harborough
LE16 7DU
01858 462309

marketharborough@connexions-leics.org

Connexions provide advice about learning, Living and working for young people, website also contains info about activities for disabled children and young people.



Harborough District Mobile Toy Library

Tel: Ann or Hilary on 01858 410 740

Open for membership to schools, pre-schools, parents and carers of children. The van tours the district on Mondays.



InfoXchange

0116 223 2295
www.infoxchange.org.uk

Providing online information service for parents/carers of children with special needs or a disability in Leicester, Leicestershire and Rutland.

Where can I get advice and support for parents and carers?



Parent and Carer Council

C/O Fosse Neighbourhood Centre
Mantle Road, Leicester
LE3 5HG
Sue 07968857598
Jane 07870688973

www.parentcarercouncil.co.uk



CLASP

CLASP The Carers Centre
Unit 19, 4th Floor
Matrix House
Constitution Hill
Leicester, LE1 1PL
0116 251 0999

www.claspthecarerscentre.org.uk



Lutterworth & District Carers Support Group

01455 557622
Meets at Hazeland Court,
Guthlaxton Avenue every 4th Wed



Carers Forum

Voluntary Action South
Leicestershire
01858 439262/3

Seven Locks Housing, 1A Anson House, 8 Compass Point, Northampton Road,
Market Harborough LE16 9HW

Tel: 01858 414500, **Fax:** 01858 419156, **Email:** info@sevenlockshousing.co.uk

Where can I get advice and support with mental health problems?



Mencap

123 Golden Lane
London EC1Y 0RT
Telephone: 020 7454 0454
Fax: 020 7608 3254
Email: help@mencap.org.uk



Menphys

Tel.: 0116 282 7225
Fax: 0116 282 6349
(Support for children)



Harborough District Mental Health Carers' Support Group

Maureen O'Malley,
South Leicestershire CVS
01858 439 265

Where can I get advice and support with sensory Impairment?



Action Deafness

0116 257 4800 (Voice)
0116 257 4850 (Text)



VISTA

Tel: 0116 249 0909
www.vistablind.org.uk

Other Useful Information?

Remap

Tel: 0845 1300 456, www.remap.org.uk

Remap volunteers make equipment for disabled people if their needs can not be met from other sources.

Take a Break (grant)

Tel: 0116 265 7404, adultsocialcare@leics.gov.uk

A special Grant for carers of adults over 18 years old who care for more than 28 hours per week.

Citizen's Advice Bureau, Harborough

Tel:01858 466850

Fountain Court, Rear of 42 High Street,
Market Harborough, LE16 7AF,

Citizen's Advice Bureau, Lutterworth

Tel:0844 8489009

One Stop Shop, Gilmorton Road, Lutterworth,
LE17 4DY

This leaflet gives advice about Advice and support for people with a disability- If you or someone you know needs this information in another format or language, please contact Customer Service on 01858 414500.

We keep a central register of our customers' with special communication needs so you only need to tell us about your requirements once.